

## Stony Brook Children's Hospital's Pediatric Trauma Center

# Teddy Bear Clinic

Dear Caregiver,

On 3-31-26 your child's class will participate in a **Teddy Bear Clinic**.

The Teddy Bear Clinic, sponsored by Stony Brook Children's Hospital, is an interactive injury prevention program designed for children. Our evidence-based program covers safety topics, including **car seat safety, passenger safety, water safety and safe helmet use**. Research shows that early safety education leads to better outcomes as children get older — guiding them “from car seats to car keys.”

### Program Overview:

- **Passenger Pets:** A story will be read that teaches the importance of car safety in a child-friendly and engaging way.
- **Safe Car/Unsafe Car Game:** A hands-on activity where students role-play in a pretend “car” to learn safe car behaviors.
- **Helmet Education with Egg Drop:** Using eggs, a student volunteer works with our team to show the importance of helmet use (one egg is protected and one is not).
- **Teddy Bear Clinic:** Students practice caring for their “injured” friends by pretending to be medical staff.
- **Water Safety Education:** Children are taught how to stay safe in and around water.

### What We Need from You:

Please send your child to school with a stuffed animal from home. Medical tape will be used during the program. (To avoid upsetting your child, be sure they're okay with tape being applied to the toy's fur.) Adults will assist in the classroom but students are often eager to bandage their stuffed animals. We want to be sure the kids understand that tape can sometimes lead to fur loss! Thank you for your help.

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Thank you, **Kiwanis Pediatric Trauma Center Foundation**, for recognizing our work and championing the safety of children across Long Island.



**Stony Brook Children's**  
Pediatric Trauma Center

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