

EASTPORT SOUTH MANOR SPORTS ASSOCIATION
BOYS LACROSSE
2026 FREE FIRST STICK CLINIC

REGISTRATION OPENS ON NOVEMBER 20TH – FREE CLINIC



- **FOR KIDS WHO WISH TO TRY THE SPORT OF LACROSSE FOR THE FIRST TIME**
- One Session Lacrosse Skills Clinic for Boys grades 2nd and 3rd on Tuesday evening January 6th at 715pm – 830pm
- One Session Lacrosse Skills Clinic for Boys grades 4th through 6th on Tuesday evening January 13th at 715pm – 830pm
- Training provided by our experienced Youth Coaches and some special guests
- Clinic is for Free – **ALL REGISTRATION MUST BE COMPLETED ONLINE**
 - Minimum Equipment Needed is as follows... Helmet (approved for Lacrosse or Hockey with full face cage) and mouthguard... Sneakers, Gloves and Elbow Pads, a Lacrosse Stick and an Athletic Supporter (if equipment is needed, please let us know)
- To Register, please go to: www.ESMSports.com

Any questions please email Bret Becker at copperbk@optonline.net

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