

FRIDAY MORNING RUNS

EVERY FRIDAY

SEPT 19-OCT 31



DROP OFF TIME 8:15 AM

WEAR SNEAKERS

RAIN OR SHINE

On nice weather days, laps will count towards our running cards.
On rainy days, we will jog in the gym, but laps will not be counted.

**THIS EVENT IS DROP OFF ONLY
ON TUTTLE AVE
PLEASE DO NOT STAY IN THE LOT**