

JANUARY 2023

# DAYTON AVENUE SHARK BITES

Sharing Small Pieces of Big Moments



**SNEAK PEEK OF WHAT'S  
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## NEW BEGINNINGS

**Dr. Watkis**

As we begin the new year, it's a great time to act on your ideas and dreams of what you would like to accomplish. I am inspired by our leadership work with The Leader in Me. I encourage you to ask yourself today, "What do I want to accomplish this year?" Once you know this, write it down. Next, ask yourself, "What do I need to do to accomplish this? Write this down also. Next, create a realistic timeline to complete the things you need to do and choose someone who will help you stick to your plan for achieving your goal.

As we continue through this year, I will continue to share some small pieces of our big moments in our monthly newsletter and in tweets. I hope that you will take some time to read each newsletter and if you're not doing so yet, please follow us on Twitter @esm\_csd



Happy New Year

*Proton the Positive elf spread kindness and positivity during December by recognizing special people all throughout the building.*

# SOCIAL EMOTIONAL LEARNING AND PBIS

## Leader in Me

This month, we will dive into Habit 4 - Think Win-Win. This Habit encourages students to think about themselves and others ("both of us") rather than thinking only about "me" or "you". It challenges students to think about how everyone can win, that everyone can be happy. Instead of compromising, where everyone gives up something, this habit encourages students to think of new options that benefit everyone. Our students will build their understanding of this habit during our Mindful Monday meetings, library lessons and in class with their teachers.

Here are the Habits we have worked on so far -

Habit 1 - Be Proactive

Habit 2 - Begin With the End in Mind

Habit 3 - Put First Things First



We would like to recognize the students below who have exemplified Habits 1-3

Adriana Hamdy	Jack Burst
Alex Ridaj	Jack Lagowski
Alexander Martinez	Jack Rivera
Alexandra Destasio	Joe Rodriguez
Aliza Choudary	Jonny Porter
Anastasia Kenneally	Jose Paucar
Anthony Cafiso	Julia Tapphouse
Anthony Davies	Justin Baas
Anthony Eaderesto	Justin Fricchione
Aria Wood	Kayla Sperandio
Arianna Wood	Lia Weiss
Ashlynn Goldhammer	Lucas Cepeda Lohman
Astrid Sican	Madison Ford
Avery Breitwieser	Maia Garcia
Axel Villalta	Mary Geraghty
Blake Giblin	Mason Tonn
Brady Pfeffer	Mia Occhino
Brody Cognato	Michael Cutrone
Carson Klune	Molly Mc Cue
Carter Terry	Nichoas Motta
Charles Dewar	Nicholas Beardsley
Claire Rubino	Nicholas Pesci
Cody Pickney	Nicolas Marte
Colin O'Leary	Peter Dunckleemann
Cristian Iraheta	Reagan Alp
Edwin Anderson	Ronnie Russo
Elijah Gode-Johnson	Ryan Dietz
Emma Martinez	Ryann Fontanetta
Emma Stolwothly	Samuel Nowak
Everett Regulinski	Shawn Murnane
Francis Cafiso	Sugey Rubio
Gavin Benanti	Theodore Regulinski
Hadley Christian	Travis Jackson
Ian Benanti	Ty Hagan
Irma Cardona	Tyler Capra
Isabella Almeida	Valentina Occhiogrosso
Izabella Moore-Kopek	Vivian Kling

# CELEBRATIONS

## 3rd Grade

Third grade scientists just wrapped up their unit on Interdependent Relationships in Ecosystems. Students dug into their phenomena discovering fossils around them. Students found various land and sea fossils and used their knowledge to think like scientists and decipher whether the fossils were from land or sea creatures and whether they were vertebrates or invertebrates.



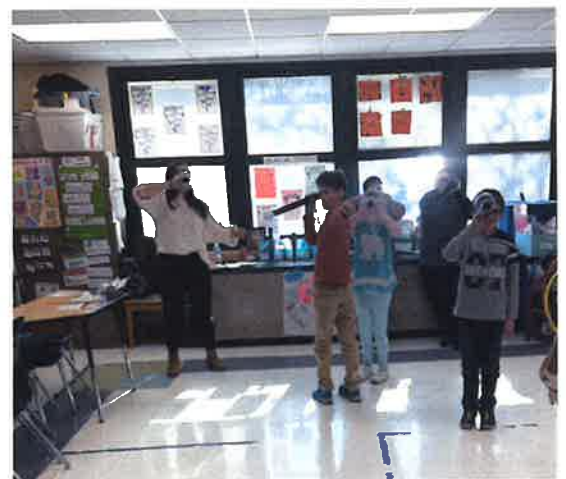
## 4th Grade

Students in 4th grade were provided with two matchbox cars and a ramp to explore energy and energy transferred and/or converted. They learned that transfer occurs from one object to another in the same form of energy (kinetic energy to kinetic energy). Conversion occurs when energy takes a different form (potential energy to kinetic energy). Students released cars at various ramp heights to test the cause and effect relationships between gravitational potential energy and the conversion into kinetic energy, as measured by how far a car travels. They also examined the transfer and/or conversion of energy when one car collides with another. They learned that some of the energy is transferred to the other car, and some energy converts into sound and heat energy from the collision.



## 5th Grade

In science, Miss Wilkins' class has been learning all about space. We have been working hard on identifying and describing the Sun, Moon, stars and the planets. We designed and created our own telescopes and kaleidoscope. The kaleidoscope helped us better understand how the sun provides light to the Earth. Our telescopes helped us to demonstrate different space missions astronomers go on.





# CELEBRATIONS

## 5th Grade

6th grade English Language Learners shared pieces of their fascinating heritages with their classmates. Each week, students proudly gave a mini-lesson on their language and culture. Classmates have learned about Spanish, Italian, French, Turkish, and Mandarin Chinese and are looking forward to German and American Sign Language



## Art

Fifth grade students reviewed value techniques and focused on shading a sphere. They explored a variety of watercolor painting techniques and mixed in oil pastel and crayon to create these beautiful ornaments and pool tables.



Sixth grade students had an opportunity to explore ceramic clay building techniques while creating their gnomes. They focused on pinch pots and scoring. They are being glazed and almost ready for the final firing in the kiln!

## Library

In Library, students are taking Virtual Field Trips! Students are whisked away to their choice of either a Christmas Tree Farm in Oregon or with a Sled Dog team in Alaska. Students are conducting research to learn more about what it takes to grow the perfect Christmas trees year round or train puppies ready for the brutal snow in these winter themed adventures.



# CELEBRATIONS

## Music

Congratulations to these musicians who are being recognized this month.

Lucas Cepeda Lohman  
Eylul Ergun  
Justin Fricchione  
Michael Cutrone  
Aaliyah Parris



## Physical Education

Dayton Avenue students are learning about fitness. Students are assessing their fitness levels in their physical education classes and learning how to take their heart rate. As winter break approaches they are participating in the snowball games which focuses on increasing the students heart rate and works on their cardio-respiratory endurance.



## STEAM

During the month of December, students learned a different way to code using Ozobots. Students of all grade levels loved getting to know and code these baby R2D2 lookalikes. Using four colors, students were able to code the little bot to do various movements; some of the favorites being nitro boost and tornado. Students were able to show off their creative sides when creating their own track for Ozobot. Ozobots were a huge hit. We can't wait to revisit them later in the year! We also recognized Computer Science Education Week by completing a Winter Challenge in KidOYO. If there is a student that has not had the opportunity to submit their work, check out the step by step directions in the STEAM Google Classroom!





# STAYING HEALTHY CHAT WITH NURSE GROSSKOPF



With the winter months here and the cold weather inevitable, it's time to think about the effects of freezing cold temperatures on our bodies. Hypothermia (low body temperature) occurs when heat escapes from your body faster than the body can warm itself. When you're out in the cold, the body shifts blood away from the extremities (hands, feet, nose, and ears) and directs it toward the core organs (heart and lungs). This increases the risk of local cold injury such as frostbite to our hands and feet. It takes only minutes for exposed skin to become frostbitten if the temperature is below 20 degrees Fahrenheit.

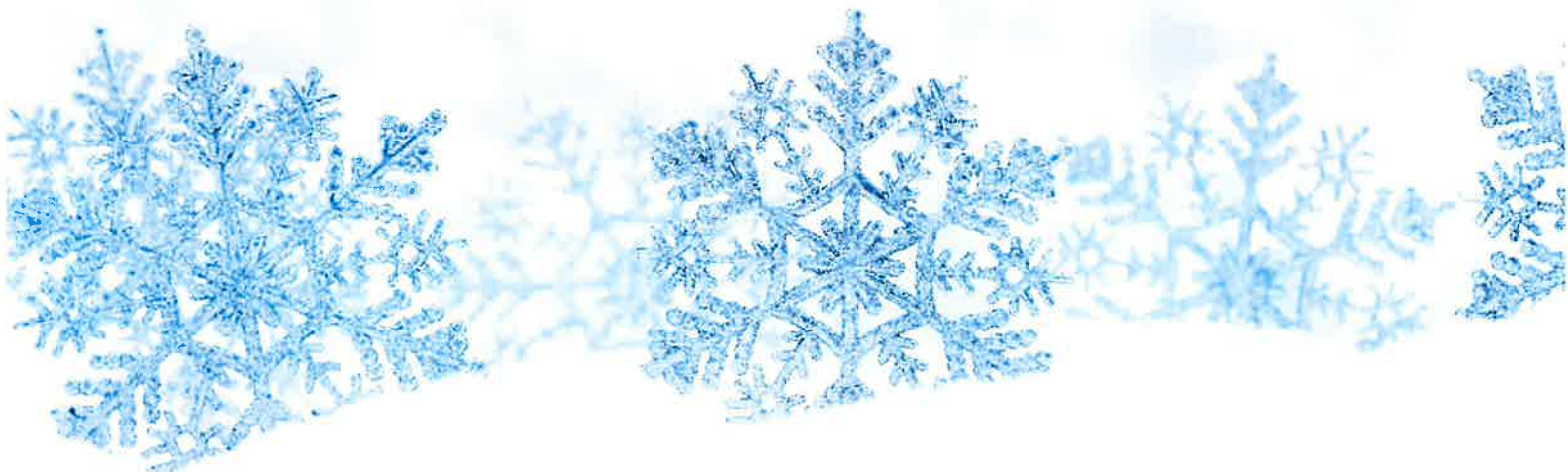
According to the Centers for Disease Control and Prevention, body temperature that is too low affects the brain, making a person unable to think clearly or move well. The elderly and children are particularly susceptible to frostbite.

## Signs and Symptoms of Hypothermia

- Shivering
- Bright red or pale cold skin
- Slurred speech
- Confusion/memory loss
- Numbness or tingling of hands and feet

## Prevention

- Stay dry and dress in layers
- Cover up with hats, scarves and mittens
- Wear warm boots and dry socks
- Be physically active outside to raise body temperature
- Stay very hydrated and eat healthy, it takes extra energy to stay warm



# UPCOMING DATES

**January 2** - Schools and Offices Closed

**January 10** - Shared Decision Making

**January 16** - Schools and Offices Closed

**January 26** - Spelling Bee



## REMINDERS

We go outside whenever possible. It is recommended that students dress in layers and bring their jackets, hats and gloves to school. We will keep on moving and enjoying outdoor recess and gym throughout the winter months.

### Chromebooks

- Charge them every night
- Bring them to school every day
- Leave chargers at home



### Student Dropoff

- Students may be dropped off beginning at 8:15am
- Students attending extra help on the day assigned by their teachers may be dropped off at 8am

### Student Pickup

Students being picked up are dismissed from the cafeteria entrance. Please park in the administrative lot on the west side of the building. We begin dismissing students being picked up at 2:46. Please send in a note if your child will be picked up at dismissal. Be sure to include the full name of the person picking up and that person should be prepared to show their license. All students must be picked up by 2:53.

