



ESM COUNSELING CENTER NEWS

October • November • 2022

UPCOMING COUNSELING EVENTS & INFORMATION TO KNOW:

PSAT

October 12th

For the first time in ESM history all members of the freshman, sophomore and junior classes will have the opportunity to sit for the PSAT. All freshmen will sit for the PSAT 8/9, while sophomores and juniors will sit for the PSAT/NMSQT. The PSAT will be administered periods 1-5 on Wednesday, October 12th. All students that have lunch periods 4 or 5 will be rescheduled for lunch later in the day. Testing room assignments will be distributed in English class and will also be posted on the counseling office windows. Students must arrive to school on time and with pencils and a calculator. Additional information can be found online:

PSAT/NMSQT: <https://satsuite.collegeboard.org/psat-nmsqt>

PSAT 8/9: <https://satsuite.collegeboard.org/psat-8-9>

COLLEGE SHIRT FRIDAYS

October & November

All students & faculty are encouraged to participate in College Shirt Fridays throughout the months of October & November! Show your college spirit!

RED RIBBON WEEK

October 24 - 28

The 2022 National Red Ribbon Week Theme, Celebrate Life. Live Drug Free.™. The theme is a reminder that everyday Americans across the country make significant daily contributions to their communities by being the best they can be because they live Drug-Free! 7th & 8th grade students are encouraged to participate in the Red Ribbon Poster Contest! Red Ribbon posters must be submitted to the guidance office or Art teacher no later than Thursday, October 20th. Top posters will be displayed in the guidance office windows.

COLLEGE FAIR @ ESM

November 2nd

Juniors & Seniors will have the opportunity to meet with representatives from 100+ colleges/universities. Students will attend the fair during 6th period on Wednesday, November 2nd. PM BOCES students will be given the opportunity to attend the fair during a portion of 5th period. A list of participating schools will be distributed prior to the event.

JUNIOR PARENT NIGHT

November 15th • HS Auditorium @ 7:00 PM

Parents of high school juniors are invited to attend a presentation on the college admissions process. Topics to be covered include: high school transcripts, standardized test scores, extracurricular activities, college applications and the admissions process.

JUNIOR CONFERENCES

November 16th - December 16th

Counselors will meet with juniors to discuss post high school plans. Junior conference appointments will be emailed directly to the student through their ESM email account. Students are encouraged to check their email on a daily basis.

FINANCIAL AID INFORMATION:

The FAFSA goes live for seniors on October 1, 2022. Collegebound seniors are encouraged to complete the FAFSA early. Be sure to check with the individual college/university for priority deadlines. In addition to the FAFSA, seniors must also check to see if the college/university they are applying to requires the CSS Profile. FAFSA: studentaid.gov CSS Profile: collegeboard.org

COLLEGE	DATE	TIME	REGISTRATION/LOCATION
St. Joseph's University Financial Aid Webinar	10/13	6:30 PM	https://www.sjny.edu/long-island/about/news-events/events/item/8838
St. Joseph's University Financial Aid Webinar	*	*	* Additional webinar dates & times in November, December, and January TBA
East End Counselors Association Financial Aid Night	10/19	7:30 PM	@ Riverhead High School
SUNY Financial Aid Session (Spanish)	12/6	6:00 PM	https://engage.suny.edu/portal/financial_aid_sessions_virtual
SUNY Financial Aid Session	12/20	6:00 PM	https://engage.suny.edu/portal/financial_aid_sessions_virtual
SUNY FAFSA Completion Workshop	10/11	6:00 PM	https://engage.suny.edu/portal/fafsa_workshops
SUNY FAFSA Completion Workshop	10/18	6:00 PM	https://engage.suny.edu/portal/fafsa_workshops
SUNY FAFSA Completion Workshop (Spanish)	10/25	6:00 PM	https://engage.suny.edu/portal/fafsa_workshops
SUNY FAFSA Completion Workshop	11/1	6:00 PM	https://engage.suny.edu/portal/fafsa_workshops
SUNY FAFSA Completion Workshop (EOP)	11/15	6:00 PM	https://engage.suny.edu/portal/fafsa_workshops
SUNY FAFSA Completion Workshop	11/22	6:00 PM	https://engage.suny.edu/portal/fafsa_workshops

NCAA: Seniors that intend to participate in Division I/II athletics must be registered with the NCAA Initial Eligibility Clearinghouse. The NCAA evaluates your academic record & standardized test results to determine if you are eligible to participate. The NCAA Eligibility Center registration site: www.eligibilitycenter.org

SAT / ACT DATES & DEADLINES

DATE	TEST	DEADLINE	LATE REGISTRATION
November 5, 2022	SAT	10/7/2022	10/25/2022
December 3, 2022	SAT	11/3/2022	11/22/2022
March 11, 2023	SAT	2/10/2023	2/28/2023
May 6, 2023	SAT	4/7/2023	4/25/2023
June 3, 2023	SAT	5/4/2023	5/23/2023

DATE	TEST	DEADLINE	LATE REGISTRATION
December 10, 2022	ACT	11/4/2022	11/11/2022
February 11, 2023	ACT	1/6/2023	1/20/2023
April 15, 2023	ACT	3/10/2023	3/24/2023
June 10, 2023	ACT	5/5/2023	5/19/2023

SENIORS : ALL SAT & ACT SCORES MUST BE SENT DIRECTLY TO COLLEGES / UNIVERSITIES FROM THE TESTING AGENCY. Scores will NOT be sent from the Guidance Office as they are not considered *official scores*!

**SAT & ACT REGISTRATION**

For SAT registration go to www.collegeboard.org and for ACT registration visit www.act.org. ESM is not a test site for the SAT or ACT. Please note that if you have been approved to receive testing accommodations you must indicate your SSD Code when registering. The SSD Code is listed on your Eligibility Approval Letter. For registration purposes & to ensure that Guidance receives test scores, students must indicate the ESM school code (CEEB): 331725

METHOD TEST PREP

Students are encouraged to take advantage of Method Test Prep! Method Test Prep provides comprehensive SAT & ACT preparation and is personalized based on individual student strengths and weaknesses.

To access the Method Test Prep: www.castlelearning.com, Sign In, Student ID/Email, Method Test Prep